10 YEARS of creating a South Africa where no one goes HUNGRY
Vision
A South Africa without hunger.

Mission
To reduce hunger in South Africa by safely and cost-effectively securing quality food, and making it available to those who need it.

Our Foodbanking Model
One third of all food produced in South Africa ends up in landfills, while more than 14 million vulnerable people go without adequate food to meet their basic needs.

Established in 2009 to address widespread hunger in South Africa, FoodForward SA connects a world of excess to a world of need by recovering edible surplus food from farmers, retailers, and manufacturers for redistribution to registered beneficiary organisations that serve the poor. We call this cost-effective model Foodbanking. We are the largest food redistribution charity in South Africa.
Measurable Impact

17 MIL — MEALS

530 — BENEFICIARY ORGANISATIONS SERVED

201,150 — BENEFICIARIES SERVED DAILY THROUGH OUR NETWORK

4,200 — TONS OF FOOD DISTRIBUTED

R0,90 — COST PER MEAL
Our Footprint

North West Province
Gauteng
Free State
KwaZulu-Natal
Eastern Cape
Western Cape
Note from Alan Gilbertson
Founding Member

FoodForward SA: A Blend of Key Ingredients
Like a gourmet meal, FoodForward SA was created when skilled “chefs” blended excellent ingredients with imagination, skill and perseverance.

The lead chef was perhaps The Global FoodBanking Network (GFN). This Chicago based non-profit organisation was founded in 2006 by experienced leaders from the American food banking network. GFN aspired to spread food banking globally as an effective solution to hunger. They quickly identified that South Africa was ideally suited to this approach.

A GFN team led by the inspirational Bob Forney and Chris Rebstock sparked the formation in 2007 of the South Africa Forum for Food Security. This comprised prominent community-minded South Africans from government, the church and commerce such as, respectively, Minister Zola Skweyiya, Bishop Malusi Mpumlwana and William Mzimba. The Forum collaborated to concoct an ideal recipe for food banking in South Africa.

Happily, key ingredients were readily at hand. A few NGOs were providing excellent nutritional support to South Africa’s hungry. Encouraged by GFN and the Forum, several agreed to collaborate. Notably, Feedback Food Redistribution, the Lions Club, and Robin Good pooled vital resources such as expert people (many of them volunteers), trucks and warehouses, and donors from as far afield as Bermuda and Germany. Additional critical early support was provided by the National Lottery and by visionary food donors such as Pick n Pay, Nestle and Unilever.

The necessary legal infrastructure was complete in February 2009 when Feedback, a s21 company operating in four cities, was re-branded as FoodBank South Africa (re-named FoodForward South Africa in 2016). Strong governance was provided by Feedback’s existing volunteer Board – people of the caliber of Crispin Sonn – and supplemented by members of the Forum.

South Africa’s national food banking network finally “emerged from the oven” when its first food bank opened in Cape Town on 2 March 2009. Within a year, essential new food banks had followed in Johannesburg, Durban and Port Elizabeth.
The network initially offered only traditional food banking, in which food banks themselves collect food, sort it in their warehouses, and donate it to other NGOs. In 2015 a new flavor of food banking was added. This was virtual food banking, in which FoodForward South Africa vets other NGOs to ensure that they will use donated food safely and with integrity, and uses proprietary software to connect them with food donors.

Looking forward, the demand from South Africa’s hungry for our “gourmet meal” (in reality, of course, food donations) can seem insatiable. Thankfully, all the ingredients are in place to allow the “chefs” at FoodForward South Africa to keep cooking up a storm!
Note from PnP
Founding Member

One of the founding principles of Pick n Pay is to serve the communities who support us. For over 50 years, we have been part of the fabric of South African society and my father, Raymond Ackerman’s philosophy of “Doing Good is Good Business” has been a vital part PnP’s value system since inception. I was fortunate to have been invited to join the founding committee of Food Bank SA, when it started in 2009, and was personally involved in making sure that our business directs surplus food to FoodBank SA.

We fully support the food banking model and am delighted that PnP has been able to help them grow to the national organisation it is today.

FoodForward SA is addressing the problem of hunger in an innovative way. Their technology platform, FoodShare, is connecting charities with our PnP stores for the regular collection of surplus food. Their Second Harvest initiative is also fantastic, as they are reaching out directly to farmers to recover their surplus produce. PnP has introduced its farmers to FoodForward SA to ensure that no food goes to waste. We also love their Supply Chain Youth Internship which is addressing youth unemployment and providing skills to young people. I am also encouraged that FoodForward SA has implemented their Mobile Rural Depot model, ensuring that much needed food is reaching people in rural communities.

PnP is a proud partner of FoodForward SA, and we wish them all the best into the future as they work towards alleviating hunger across our nation.

SUZANNE ACKERMAN-BERMAN
Transformation Director & Chairman of the Pick n Pay Ackerman Foundation
PICK n PAY is a Founding Member of FoodForward SA and have been the LARGEST donor of food and non-food groceries Ten YEARS in a row!
In 2018 we served 201,000 Beneficiaries through a network of 530 Beneficiary Organisations.
It is again with a healthy mixture of pride, humility and gratitude that I report to you on the activities of FoodForward SA (FFSA) during the year that has passed. As is the practice at FoodForward SA, we regularly examine whether we are truly making a difference and contributing to the lives of those we seek to serve. Is our existence justified? Do we really matter?

In 2018 we served 201,000 beneficiaries. We serve this community of beneficiaries through a network of 530 beneficiary organisations anchored in vulnerable local communities, and doing incredible work. We managed to grow our food donor base to include all the major food retailers and more food manufacturers. This year we have been able to extend our food donor base to include farmers and primary producers who have generously donated excess produce as part of our Second Harvest initiative. The food they are generously donating would otherwise have gone to waste or into landfill sites. More and more growers are becoming part of a movement towards sustainable practices and this has been a great boon for us. We are deeply appreciative to retailers such as Woolworths and PnP who have made these introductions to their growers and we are appreciative of growers who have so readily embraced our partnership. This initiative has allowed us to broaden the range of foods we are able to provide and, more importantly, increase the nutritional value.

The ever innovating management team at FFSA has, for the first time begun to process surplus produce from farmers which has allowed us to extend the shelf life of highly perishable produce. From receiving huge amounts of tomatoes, they partnered with a local manufacturer that makes our very own tomato jam, which our beneficiaries enjoy very much.
FFSA has been part of the Global Foodbanking Network (GFN) for 10 years now. The IT team has managed to further develop FoodShare, our digital platform that, among other capabilities, facilitates the collection of available surplus food between retail stores and our needy beneficiary organisations – at the lowest cost and at greater speed. With more food donors committing themselves to partner with FFSA, this is becoming ever more important not only to drive efficiency but to ensure accountability to food donors on how their surplus food is distributed and consumed.

Our vision and commitment is to contribute to a South Africa without hunger. FFSA has been part of the Global Foodbanking Network (GFN) for 10 years now, and this network has been a great opportunity to learn from other food banks in countries such as Australia, Canada, the UK and USA. This has been a great resource from which to showcase and test our own innovative ideas and concepts. I am proud to report that Andy Du Plessis, the MD at FFSA, is an active part of this network from which we derive great value.

So given the question, “Do we matter in the society we are part of?” It would be presumptuous of us to answer the question, but we can confirm that our vision and commitment is to contribute to a South Africa without hunger, and we remain committed to securing quality food in order to nourish lives. If we are able to do this a little better each month and each year, we believe we can create a base for other NPO’s and NGO’s to build on and contribute to a more equal and sustainable society. Our vision and ambition is validated by those who continually support us with advice, financial assistance and food donations. We appreciate you and value your partnership.
I must thank the FoodForward SA board of directors and board of members, for their advice and guidance throughout the year. I also wish to thank the board of the FoodBank Foundation, who are committed to creating a long-term endowment to help FFSA become more sustainable over the long term. This board is chaired by Bishop Malusi Mpumlwana, and comprises of Roddy Sparks, Makole Mupita, Alan Gilbertson, William Mzimba and I. This board’s advice and assistance remains invaluable and provides FFSA with great comfort and confidence. We are grateful for their time and commitment to eradicating hunger in SA.

Finally, thank you to Andy Du Plessis and his management team who live the ethos of making a positive difference to the lives of ordinary South Africans. They constantly push boundaries and challenge themselves to do better. I am proud of what they, together with all our staff at FoodForward SA, have achieved.

We have adopted an ambitious five-year plan to scale our operations so that we can reach more people. We call on all to join us in realising a South Africa without hunger.

Thank you to all our stakeholders for your belief that a South Africa without hunger is possible in our lifetime and your actions in making this a reality.

Yours sincerely and gratefully.
Crispin Sonn
Chairperson
Managing Director’s Report

We are merchants of hope. We peddle it with pride. We do so because hope is in short supply for nearly 30 million men, women, and children all across South Africa that live in abject poverty – every single day. They have no jobs; no food most of the time; they go to bed hungry and anxious; they are desperate; and there are very few opportunities that come their way to change their dire circumstances. Then they become angry. That anger is a ticking time bomb that often manifests in the vilest way. While the actual face of hunger does not make the headlines often enough, its effects do – in the form of violent public protests, looting, theft and the like. Desperate people need hope to survive.

Community-based feeding programmes provide this real hope, and for this and other reasons, these programmes in vulnerable communities are critical interventions to stem the tide of hunger, malnutrition, hopelessness and desperation. They provide access to food for those who need it. These programmes sustain livelihoods and communities. I have great admiration and appreciation for people and organisations that roll up their sleeves, open or convert their homes or designated spaces, get the necessary resources, equipment and basic food ingredients (often at their own personal cost), and feed people. This is hope made manifest.

In their 2019 report title Waste Not, Want Not, the Global Foodbanking Network (GFN) notes that foodbanks represent a “triple win” in the communities where they operate, reducing food wastage and protecting the environment, providing food assistance to hungry and vulnerable people, and strengthening civil society through support of local humanitarian charities.

Thirty Million men, women, and children live in abject poverty across South Africa every single day.

Community-based feeding programmes provide access to food for those who need it.
FoodForward SA’s food banking model is without a doubt an enabler that allows this thread of hope to continue to weave its way through the supply chain to vulnerable communities, so that food poverty is minimised. In an effort to augment this model, FoodForward SA has taken the decision to partner with organisations that provide meals at least 4 days per week (previously 3 days), as well as ensure that our network of Beneficiary Organisations (BOs) have the necessary capacity to expand and serve hundreds of people daily. We gave BOs the option to expand their feeding programmes from 3 days to 4. Some agreed and some were not able to. As a result our BO network shrunk by 11%, from 600 to 530 during the latter part of the financial year. We will, however, continue to see strong BO growth in the months to come, given the need and the amount of applications we are receiving.

Our total tonnage decreased by 4,1% from 4,400 tons to 4,200 tons over the period, mainly because we received unusually large amounts of water the previous year, and we reduced [regulated] the intake of very large bulk luxury stock items, because of a greater focus on sourcing mostly nutritious food.

As a result of the reduced tonnage, the cost per meal increased by 13,9%, from R0,79 to R0,90. While the foodbanking model still remains cost effective at this rate, the cost per meal is likely to decrease in the future as food sourcing efforts intensify.

Our operating expenses for the year increased by 7,2% when compared with the previous year, while revenue increased by 52%, thanks to good cost-containment measures, very successful fundraising efforts and engagement with corporate donors.

If we are to achieve Sustainable Development Goals (SDGs) 2 (ending hunger by 2030), and SDG 12,3 (halving food loss and waste by 2030), we need decisive action from a broad network of stakeholders across the supply chain.
We are therefore very excited to welcome several new food partners, including Woolworths, Tiger Brands, Makro, Spar, FG La Pasta, Langberg/Ashton Foods, National Brands, as well as Dew Crisp, Rennies Farms, and other commercial farmers supporting our Second Harvest initiative. These partnerships, along with our existing food donors, will ensure that we provide consistent nutritious food support to those living in food poverty.

Special thanks to PnP, Shoprite Checkers, Nestle, RCL, Food Lover’s Market, Clover, McCain, Albany and Qutom Farms for your continued support. Your partnership ensures that vulnerable people receive much-needed meals to stave off hunger.

Thanks to a substantial donation of tomatoes from Rennies Farms, we were able to make tomato jam. An introduction by Woolworths to their jam supplier Fruit Lips in Piketberg, allowed for the production of a few tons of the most delicious jam, which we provided to our beneficiaries across the country.

FoodShare, our digital platform virtually connecting retail stores and food outlets to BOs, is fast becoming a very useful and efficient tool. We continue to roll out the virtual foodbanking model in PnP and Food Lover’s Market stores nationally. We are also in discussions with several other partners to expand this digital platform. Thank you very much to the DG Murray Trust for covering the costs of much-needed development improvements of the platform, which will allow us to scale rapidly.

We will be launching our inaugural accredited Youth Supply Chain Internship in March 2019, thanks to financial support from Woolworths. This is an exciting initiative on several fronts – reducing youth unemployment; creating a career path for previously disadvantaged youth into the supply chain; and building an able work force for FoodForward SA into the future. We are finalising the curriculum and other elements with the relevant SETA, with a view to start this internship in Cape Town, and over time, implement the internship across all our branches nationally.
The FoodForward SA Mandela Day Food Drive in partnership with PnP is growing beyond expectations. We were able to collect 160 tons of food across the country, which we distributed over 6 months to B0s. Thank you PnP for your generous support in helping us stage this fun and meaningful event. Thank you also to all the corporates and individuals that donated their 67 minutes on Mandela to help us pack the food.

We are grateful for the support of our various pro bono agencies that offer their time, resources, expertise, passion and creativity, so that FoodForward SA’s mission is broadcast far and wide. Thank you all for your generosity.
Hunger is a solvable problem and the realisation towards the right to food is a necessary human right for which we must strive with unrelenting passion.

There is still a vast amount of quality edible surplus food that should be redirected and recovered. While we anticipate that food sourcing efforts will continue to yield good results, we are currently only recovering 0.04% of the potential surplus available across the food supply chain. For this reason, FoodForward SA has undertaken a very ambitious 5-year plan – to recover 20,000 tons of edible surplus food; and reach 1mn people served daily through a network of 2,000 BOs. We continue to rely on our partners in this fight against hunger, to help us achieve this goal, for the sake of our country’s future.

Thank you to our remarkable staff and board members, for your dedication and commitment. We look forward to working with you to achieve our 5-year plan.

I recently read a quote by Melinda Gates that aptly relates how I feel about the work we do, and the ambitious goals we have set – “More than at any time in the past, we have the knowledge and energy and moral insight to crack the patterns of history.” Hunger is a horrid pattern that we must destroy so that better access to good nutritious food for everyone in South Africa is achieved. What a reason to join forces towards a common end!
The Numbers

R18,978,543 — REVENUE

R15,332,316 — EXPENSES

R1 = R10,73 — LEVERAGE VALUE
Every R1 donated to FoodForward SA enables us to recover and share R10,73 worth of retail quality food and non-food surplus groceries

R42,95 — FOOD VALUE P/KG
This is the retail value of the food per Kg

R15,519,028 — TOTAL VALUE OF TAX CERTIFICATES ISSUED TO FOOD DONORS

R180,390,000 — TOTAL RETAIL VALUE OF FOOD DONATED
1. Warehouse Foodbanking

Although the past year has been a tough trading environment for our partners, food sourcing efforts have improved thanks to good engagement with several stakeholders in the supply chain. Our nutritious food percentage is increasing steadily thanks to an increase in fresh produce due to our Second Harvest programme initiated in 2018.

We welcome new partners on board, including Woolworths, Tiger Brands, Spar, Clover, FG La Pasta, MassMart, and several commercial farmers who regularly donate fresh fruit and vegetables.

Given the vast amount of edible food still ending up in landfills and being incinerated, there is still much work ahead of us to convince supply chain stakeholders that donating edible surplus should be redirected to feed people, which is better for the environment, and it allows for immediate bottom-line savings. We are still only collecting 0.04% of the total volume of surplus food. For this reason we are implementing a 5-year growth strategy.

2. FoodShare/Virtual Foodbanking

The FoodShare digital platform, launched in 2017, is FoodForward SA’s scaled tech solution to increase the amount of surplus food that can be recovered. Typically, the foodbanking model is a major logistical operation involving the collection, sorting, storage and distribution of surplus food from food donors to beneficiary organisations (BOs). FoodShare uses virtual technology to harness more surplus food by connecting retail stores and food outlets with local BOs for the daily collection of surplus food. FoodShare is implemented nationally, and includes distant rural areas, allowing for greater access to food for the poor. BOs collect surplus food from a store close to them, and send the ‘tonnage’ (weight of food) information via USSD, so ordinary cell phones can be used, and there are no costs to the BOs.
FoodShare also stores and processes BO applications, manages offline monitoring forms when visiting BOs and includes the geo-mapping function, which is one of the most exciting developments of FoodShare as it will also be used to overlay poverty nodes with where our BOs are across South Africa.

We currently have 200 PnP, Food Lover’s Market and Woolworths stores using FoodShare, and we intend growing this rapidly in the year ahead.

3. Second Harvest

Second Harvest, launched in mid-2018, is our programme that recovers edible surplus food from farmers and growers, while they harvest. Second Harvest is a response to the more than 50% of all edible agricultural production being wasted because of stringent specification requirements, cold-chain and processing inadequacies, as well as poor access to markets.

Since the launch of the Second Harvest programme, the nutritional value of the food basket provided to our beneficiaries has increased to over 80%. We engage farmers directly, and our retail partners also kindly facilitated introductions to their growers. We now have almost 30 farmers on board, who regularly supply us with fresh surplus produce. With funding from the Global Foodbank Network, we have also acquired dedicated refrigerated trucks for Second Harvest in Cape Town and Durban. We are currently implementing the Second Harvest programme in the Western Cape, Kwa-Zulu Natal, Gauteng and the North-West province.
Opening of the Pietermaritzburg Mobile Rural Depot

Agri Processing of Surplus Food

One of the challenges we have encountered during implementation of Second Harvest is that sometimes we receive very large quantities of one product from several farmers at once. This presents a problem with highly perishable fresh produce like tomatoes. To solve this problem, Woolworths introduced FoodForward SA to their local jam manufacturer. Since the tomatoes are free to us, we receive a preferential rate for the production and supply of our very own FoodForward-labelled tomato jam. We now provide this delicious jam, free of charge, to our beneficiary organisations. We are exploring other agri-processing alternatives, including a pasta sauce, and various soups and stews.
4. School Breakfast Programme

Now in its 6th year, the Kellogg’s Breakfast for Better Days campaign focusses on primary and secondary school children. FoodForward SA is the implementing partner in South Africa and today the partnership provides nutritious meals to 35,000 learners across 48 schools nationally. Learners receive cereal and milk first thing in the morning, allowing them to stay focussed for the school day.

5. Mobile Rural Depots

An Urban Food Security Solution that benefits Vulnerable Rural Communities

More than half of South Africa’s population lives in poverty, with abject poverty more prevalent in rural communities. Rural communities are generally under-served and also ironically, have fewer opportunities to source nutritious food. Persistently hungry children cannot grow, learn and develop optimally; and chronically hungry youth and adults cannot contribute productively to our economy.

The goal of our Mobile Rural Depot (MRD) programme, launched in mid-June 2019, is to drive social development in under-served rural communities, using surplus food as the catalyst.

FoodForward SA’s Mobile Rural Depot model provides nutritious food to rural communities, and in this way will address food insecurity in under-served communities. The model will work as follows:

- Each month, our trucks will be laden with food and transported to a rural depot – a central place (usually one of our BOs premises), where BOs from the surrounding communities can meet to collect their food; and
- Once empty, our trucks will then proceed to surrounding farmers and collect agri-surplus (Second Harvest), and bring fully laden trucks back to the warehouse.

We launched our first MRD in the Hex River Valley of the Western Cape in mid-June. This region has one of the highest prevalence of stunting among children. In mid-August, we launched the mobile rural depot in Pietermaritzburg (KZN). Rural depots in the Eastern Cape, North West and West Coast, along with 25 other vulnerable rural communities across the country will be set up in the coming year.
6. Youth Internship

More than 50% of our youth in South Africa are unemployed. To stem the tide of youth unemployment, and remove the huge barrier to entry for disadvantaged youth into supply chain, FoodForward SA launched our very own accredited Supply Chain Youth Internship.

Launched at the beginning of 2019, our inaugural Supply Chain Youth Internship Programme (YIP) recruited 5 unemployed matriculants with little or no work experience. Our interns receive training over a 6-month period, of which 70% of their internship involves on-the-job training at our warehouse, and 30% academic training from an outsourced training provider. The curriculum covers inventory management, health and safety, food safety, logistics, as well as mentoring by supply chain professionals.

The pilot YIP (cohort 1) will graduate in October 2019 and they have already been absorbed by one of our supply chain partners. Based on the success of this internship, we will launch cohorts 2 for Cape Town and cohort 1 for Johannesburg in February 2019.
Events and Campaigns

10th Anniversary Stakeholder Breakfast
To recognise and celebrate the 10th anniversary, FoodForward SA invited various partners to a breakfast hosted by our brand ambassador, Jenny Morris, at her Cook’s Playground in the Cape Quarter. Guests were spoilt with scrumptious dishes prepared with various surplus food ingredients.

At the launch, FoodForward SA’s MD, Andy Du Plessis, publicly launched an ambitious 5-year plan to reach 1 million beneficiaries through a network of 2,000 beneficiary organisations. Andy thanked everyone for the role they play in ensuring that FoodForward SA is able to serve those who are food insecure, but he also reminded everyone that there is much more work that needs to be done to recover more food and reach more vulnerable people.

World Hunger Month in Partnership with Food Lover’s Market
Food Lover’s Market, South Africa’s leading fresh-produce retailer, partnered with Tru-Cape Fruit Marketing, Simpl. Juice and Rugani to raise enough funds for FoodForward SA to reach 1 million vulnerable South Africans. Now in its second year, the May 2018 Food Lover's Market World Hunger Month campaign was aimed at raising awareness about hunger and its devastating effects, and how customers could help address this by purchasing selected partner products in any Food Lover’s Market nationwide.
Kate Marais, head of CSI at Food Lover’s Market, says “FoodForward SA has a partnership with Food Lover’s Market that goes back several years. This initiative is Food Lover’s Market’s strategic response to address South Africa’s very serious hunger problem in innovative ways. The growth of this campaign, from 286,000 meals to 733,179 meals in just 2 years, is phenomenal in a tough trading climate. It is such a pleasure to be working with an organisation like FoodForward SA that has such a huge impact across South Africa.”

Mandela Day – 18 July 2018

The FoodForward SA Mandela Day Food Drive in partnership with Pick n Pay is the largest national food drive in South Africa, providing much-needed basic food groceries to vulnerable communities. The food collected in the Mandela Day Food Drive supports the 530 beneficiary organisations in FoodForward SA’s national network. These donations won’t only help with immediate needs but will also assist in stocking FoodForward SA’s warehouses with staple food reserves for several months.

The 2018 Mandela Day food drive and packaging event was a huge success. Thanks to the generosity of the customers who, despite the prevailing economic climate, purchased basic food items, and the over 4,000 volunteers who spent their 67 minutes sorting, defacing and packing the groceries on Mandela Day at the various centres around the country, we were able to collect enough food to provide over half a million meals! The Mandela Day event cannot be a success without the support of all our event partners. Special thanks to Danone, Kellogg’s and RCL for their food donations.
Awards Received
2018/2019

FoodForward SA was honoured to receive recognition for the work we do from 3 prestigious institutions.

Community Chest Impumelelo Social Innovations Awards: FoodForward SA received the PLATINUM AWARD in acknowledgement of the excellence, service and innovation showcased in our mission to improve the lives of South Africans. The award came with a R50,000 prize.

Old Mutual Staff Volunteerism Awards: FoodForward SA received the RECOGNITION OF VOLUNTEERISM EXCELLENCE AWARD in recognition of the exceptional contribution by FoodForward SA in the growth of South Africa through volunteerism and social activism.

ARRELL FOOD INNOVATION AWARD: The Award recognises FoodForward SA for the global excellence in the area of food innovation and community impact. The award came with a CA$100,000 prize.
Where the Food is Distributed

- ECD/Creche: 32%
- Skills Development/Social Enterprises: 8%
- Support Group/Club: 7%
- School/After-School Care: 6%
- Aged/Frail Care: 8%
- Orphans and Vulnerable Children: 9%
- Disability Care: 8%
- Shelters/Rehab Facility: 10%
- Community Feeding Programme: 11%
- HIV/AIDS Care: 1%
- Where the Food is Distributed
The Etafeni Centre stands out among these organisations. Etafeni is a safe haven which offers vulnerable people in their local community with education opportunities, skills development and upliftment courses. With its offering of 12 different programmes, the Etafeni Centre is an important community asset that provides a beautiful space and shelter for members of the Nyanga community to feel safe, cared for, loved, and where hope allows them to rebuild their lives and thrive.

The newly appointed Etafeni Director, Zandile Siwali simply loves her job. Her office is adjacent to the ECD. "When I walk down the passage and hear our beautiful children’s voices, that’s the noise I hear eight hours a day and it makes my day ... when I hear them doing their ABCs and 123s, I know I want to be here.”
Each of the Etafeni programmes, which targets pre-schoolers, schoolchildren, teenagers, job-seeking youth, unemployed women and pregnant mothers, has a nutrition component, with the centre aiming to provide all their beneficiaries with a wholesome meal each day. The centre serves over 1,000 people each and they provide meals to everyone who attends their programmes. As Zandile puts it: “We cannot assume they have eaten when they get here.”

Etafeni offers a programme for young mothers, where they teach them, amongst other things, the importance of breastfeeding. It is essential that these women receive nutritious meals so that they can produce milk for their babies to grow healthy and strong. “This is why the partnership with FoodForward SA is so important. We use food as an incentive to ensure that people complete the respective programmes that we offer. Zandile says that she has noticed a significant decrease in their grocery bill and it is because of the partnership with FoodForward SA.”

Phumza Maphipha, Etafeni’s kitchen manager says that the savings on grocery purchases is worth several thousands of rands each month, and that the surplus food from FoodForward SA is essential to Etafeni offering the nutrition programmes.

Thanks to FoodForward SA’s Second Harvest programme, they also the benefit from fresh fruit and vegetables. Phumza sees to it that the children eat fruit during snack time.

Phumza also loves the FoodForward SA-labelled tomato jam, and uses this on sandwiches.
Sozo Foundation

The Sozo Foundation is a non-profit organisation situated in Vrygrond, near Lavender Hill, an impoverished community on the Cape Flats. Sozo was established to create opportunities for holistic development to see the people of Vrygrond equipped and empowered to live with dignity, purpose, and hope. Their three key areas of focus are: Education (after-school tutoring and mentorship programme for high school learners), Youth Skills Development (including barrister and beauty training programmes), and Enterprise Development (they have their own bakery on site).

Wendy Abrahams, Programme Manager for the education programme at Sozo, explains that "Sozo is really a place of opportunity. This is exemplified by Sozo’s vision, ‘transformation through love’. We want to love you unconditionally and see you transform. This is what we want for our young people who come through our doors.”
FoodForward SA has been providing Sozo Foundation with good quality, nutritious, surplus food since 2014. They receive food daily via our digital platform, FoodShare, where they are linked to their local Food Lover’s Market. Through FoodShare they receive quality surplus bakery products daily, along with fresh produce. One of Sozo’s pillars is the belief that “Learning on an empty stomach is impossible” and that is the reason Sozo provides their students with a nutritious meal every day. As Wendy explains, “The bakery goods which Sozo receives from Food Lover’s Market is so beneficial and an indispensable component of the programme for our high school learners attending the aftercare school programme. The children come from 17 different schools, even as far as Sea Point, but they are all Vrygrond residents. The programme provides a safe space for children, and keeps them off the streets, where they may become susceptible to gang recruitment. Upon arrival, they receive sandwiches and/or paninis, then some motivational exercise before they do their homework or start their tutoring sessions.

Sozo also receives mostly non-perishable surplus food from FoodForward SA once a month from our warehouse. “Since our partnership with FoodForward SA started in 2014, we hardly ever have to buy certain staples and canned goods, as the warehouse food basket provides plenty of these. Without FoodForward SA, our monthly grocery bill will easily exceed R20,000. Because of the partnership with FoodForward SA, we save up to 50% on our monthly bill. We use the surplus food as an incentive for vulnerable people to join, and complete our various skills programmes, which ultimately benefits our community.

“Learning on an empty stomach is impossible” and that is the reason Sozo provides their students with a nutritious meal every day.
Foodbanking: An Environmental Solution

Reducing food waste and loss is the third most effective solution for fighting climate change.

A 2018 study on FoodForward SA’s operations conducted by WWF and The Green House show that for every ton of food we recover, 4 tons of greenhouse gas emissions are saved.

This is equivalent to the emissions of

3,700 passenger vehicles driven for a year

OR

6,000 South African households

THE ANNUAL ELECTRICITY USAGE OF
Our Five-Year Plan

Given the huge problem of hunger and the opportunities available to address, FoodForward SA has set a five-year goal to:

- Support a network of 2,000 beneficiary organisations
- Source 20,000 tons of food
- Facilitate the provision of 80 million meals
- Reach 1 million people daily

5-YEAR plan to reach One MILLION Beneficiaries through a network of 2,000 Beneficiary Organisations
Thank YOU to all our DONORS that Share our Vision

The generosity of all our donors, partners, and supporters, and their shared commitment of enabling us to create a South Africa without hunger makes our work possible.
Financial Donors

Old Mutual Staff Volunteer Fund Trust

Humulani Empowerment Trust

Food Donors

Qutom Farms (Pty) Ltd
Partnership produces BETTER RESULTS OVERALL and the possibilities are INFINITE.
Boards

**BOARD OF MEMBERS**

- Crispin Sonn
- William Mzimba
- Alan Gilbertson
- Ravi Pillay
- Viv Grater
- Roddy Sparks
- John Lucas
- Ulreich Tromp

**BOARD OF DIRECTORS**

- CRISPIN SONN — Chairman
- ANDY DU PLESSIS — Executive Director
- TSHEPO MODISE-HARVEY — Non Executive Director
- CATHERINE KOFFMAN — Non Executive Director
- MPHO LETLAPE — Non Executive Director
- RAY SINGH — Non Executive Director
- NAMHLA SKWEYIYA — Non Executive Director
- THEMBISA SKWEYIYA — Non Executive Director
CELEBRATING
10 YEARS

FOOD
FORWARD SA
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